



# Grade 7

Career Pathways is a means of exploring and learning to manage one’s pathway through life and the world of work. Investigating various careers is an important piece in terms of preparing for life after high school. [LRSD](#) provides assistance to students through encouragement, advice, and practical experiences

## Curriculum Connection

- Students will learn about career clusters
- Students will describe what they want to be when they grow up
- Students will develop an understanding of jobs and careers
- Students will develop an understanding of Financial literacy

## Health

- 7.2 practise ways to extend personal capacity for learning; e.g., positive se
- 7.3 differentiate between choice and coercion in decision making for self and others; e.g., demonstrate a willingness to accept “no” from others
- 7.4 revise short-term and long-term goals and priorities based on knowledge of interests, aptitudes and skills; e.g., personal, social, leisure, family, community
- 7.5 create a personal portfolio showing evidence of interests, assets and skills; e.g., certificates of participation
- 7.6 examine factors that may influence future life role/ education/career plans; e.g., technology, role models

## Timeline

September -November	December-January	February-April	May-June
<ul style="list-style-type: none"> <li>• Personal Portfolio</li> <li>• Learning Styles Inventory</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Research careers</li> <li>• Career and Life Goals</li> </ul>	<ul style="list-style-type: none"> <li>• Identify Hobbies and Interests</li> </ul>	<ul style="list-style-type: none"> <li>• Identify at least 1 career of interest</li> </ul>



## Lessons & Resources

- Complete the Career Matchmaker - Career Cruising, Identify career clusters
- [Turning Points](#)
- [Youth vs Adult](#) Employment
- [Skills Passport](#)
- [Investigate, Invent, Innovate](#)
- [Career Crate](#)
- [Alberta Learning Services \(ALIS\)](#)
- **Career Cruising:** (documents provided by)
  - [Competencies](#)
  - [Guided Tour](#)
  - [Research Project](#)
  - [My Plan](#)
  - [User's Guide](#)
- [Chatter High](#)

## Financial Literacy Connection

### Junior Achievement

*"JA started with a vision to help teach young people about business and free enterprise. That was back in 1919, before JA became a global leader in educating youth about financial literacy, work readiness, and entrepreneurship. Now in over 121 countries, JA brings volunteers together with over 10.2 million of our future leaders." Junior Achievement Southern Alberta Website*

### Dollars with Sense

Canadian personal debt is at a record high. Canadian youth are growing up in a time in which spending is easier than ever and debt is a way of life. This problem is exacerbated by hectic family schedules, which leave parents with little time to teach their children about money management. How can we prepare today's youth to avoid personal debt? Through the newly updated Dollars With Sense program, students get the vital tools they need to make smart financial decisions, live debt-free and become savvy investors. Students learn personal money management skills that they can apply to their lives ... beginning now.

## Portfolio

From Career Cruising

### SAMPLE PORTFOLIO COMPLETION STANDARDS

Criteria	Grade Level			
	7	8	9	CALM
<b>Career and Education Exploration</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>CALM</b>
Career Matchmaker		✓		✓
My Skills				✓
Learning Styles	✓			
Careers of Interest	✓	✓	✓	✓
Minimum number of careers	1	3	5	7
Career Selector			✓	
Schools of Interest				✓
Minimum number of schools				2
Programs of Interest				✓
Minimum number of programs				2
Apprenticeships of Interest				✓
Minimum number of apprenticeships				2
<b>Career Planning</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>11</b>
Career Cluster / Pathway Selection		✓		✓
Career Planning Activities*		✓		✓
Minimum number of activities		1		5
Post-Secondary Plan				✓
Career and Life Goals		✓	✓	✓
<b>Activities and Abilities</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>11</b>
Extracurricular Activities		✓	✓	✓
Minimum number of activities		1	1	1
Hobbies & Interests	✓	✓	✓	✓
Minimum number of activities	1	1	1	1
Skills and Abilities			✓	✓
Minimum number of skills/abilities			5	5
Awards and Certificates				✓
Work Experience				✓
Volunteer Experience				✓
Minimum number of hours				
Annual Portfolio Review (done by teacher)	✓	✓	✓	✓

## Career Planning Activities

From Career Cruising

Criteria	Grade Level			
Career Planning Activities	7	8	9	CALM
Attend a career/job fair				✓
Complete interest		✓		✓
Complete or update interviewing skills			✓	✓
Complete or update resume			✓	✓
Discuss career options with a career advisor				✓
Explore an apprenticeship program				✓
Job shadowing program				✓
Practice completing job applications			✓	✓
Take part in community service	✓	✓	✓	✓

## Alberta Education: Career and Technology Foundations

(Image from Alberta Education)

### Career and Technology Foundations (CTF)

An Alberta Education document, challenges or tasks students to use skills, knowledge and technologies associated with occupational areas. An occupational area is a grouping of courses that focuses on attitudes, skills and knowledge related to specific work areas. The CTF occupational areas are grouped into five clusters that represent occupational groupings found within industry. CTF uses simplified versions of the Career and Technology Studies (CTS) occupational cluster names. They are Business, Communication, Human Services, Resources and





Technology. [Lists](#) that identify occupational area skills, knowledge and technologies used by experts in their field have been developed for commonly taught option classes offered in grades 5-9.

## Parent Resources

- [Career Cruising Parents Guide](#) (from Career Cruising)
- [Alberta Learning Services](#)