

MY PLAN ACTIVITIES

CANADA

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Table of Contents

INTRODUCTION	1
MY PLAN ACTIVITY 1: CREATING YOUR ACCOUNT	2
MY PLAN ACTIVITY 2: CAREER MATCHMAKER	4
MY PLAN ACTIVITY 3: CAREERS THAT INTEREST ME.....	6
MY PLAN ACTIVITY 4: SCHOOLS THAT INTEREST ME	8
MY PLAN ACTIVITY 5: HIGH SCHOOL EDUCATION PLAN.....	11
MY PLAN ACTIVITY 6: CAREER PREPARATION & PLANNING.....	13
MY PLAN ACTIVITY 7: ACTIVITIES & EXPERIENCES.....	15
MY PLAN ACTIVITY 8: USING THE RESUME BUILDER	18

Introduction

FOR THE TEACHER

The purpose of these activities is to introduce students to the many features of Career Cruising's My Plan tool. If you are not familiar with My Plan, you can use these activities as a walkthrough of its functions and features.

There are eight activities that take students through the sections of their Plan:

- 1. Creating Your Account** introduces students to the concept of a career portfolio and helps them create their own Plan.
- 2. Career Matchmaker** shows students how to complete the Matchmaker assessment and access their results in their Plan.
- 3. Careers That Interest Me** allows students to save careers that they are considering to their Plan and record their thoughts about these careers.
- 4. Schools That Interest Me** helps students find schools that offer the education and training they need to pursue their career goals and save those schools to their Plan.
- 5. High School Education Plan** helps students create a personalized high school education plan based on their career interests.
- 6. Career Preparation & Planning** shows students how to record and organize their career planning activities.
- 7. Activities & Experiences** helps students document their extracurricular activities, skills and abilities, the awards and certificates they have received, and their work and volunteer experience.
- 8. Using the Resume Builder** takes students through the process of using their Plan to create a professional resume.

Note: Most of the sections in the My Plan and Resume Builder tools can be enabled and disabled using the Career Advisor Management System (CAMS), so it is possible that some users may not have access to all of these features. Before you begin, please consult with your site administrator to make sure the sections covered in these activities are enabled at your school.

STARTING THE PROGRAM

Go to www.careercruising.com, and enter your school's username and password in the spaces provided. Click on **Log In**. (Note: after creating a My Plan account, you can sign into Career Cruising directly using your personal My Plan username and password.)

My Plan Activity 1: Creating Your Account

Page 1 of 2

WHAT IS MY PLAN?

Think of your Plan as your own online filing cabinet. In it, you can keep all the information you need to plan and fulfill your education and career goals.

WHAT CAN YOU DO WITH MY PLAN?

You can:

- Save your assessment results
- Keep notes on the careers and schools that interest you
- Develop an education plan based on your career interests
- Track your career preparation and planning activities
- Record your career and life goals
- List your extracurricular activities, skills and abilities, and awards
- Document your work and volunteer experiences
- Store related documents, such as scanned artwork, letters of reference, essays, and presentations
- Share your Plan with school admissions staff, organizations offering scholarships, and potential employers
- Create a personalized, professional-looking resume

THE FIRST STEP IS TO CREATE YOUR OWN PERSONAL PLAN!

On the Main page, open the My Plan Login menu at the top left of the screen.

Note: If your school has pre-assigned My Plan usernames and passwords, you can sign in to Career Cruising using your username and password. Open the My Account menu and review the information in your personal Profile.

Step 1. Click on **Create My Plan** to create a new Plan.

My Plan Activity 1: Creating Your Account

Page 2 of 2

Step 2. Enter your information and then select your own My Plan username and password so that only you can access your Plan. Write down your My Plan username and password in a safe place in case you forget them. It is also a good idea to fill in your email address so that you will be able to retrieve your My Plan username and password if you ever forget them.

Step 3. Click on **Create My Plan**.

My Plan Activity 2: Career Matchmaker

Page 1 of 2

Your Career Matchmaker results are automatically saved to your Plan, and can be accessed at any time from the My Plan homepage. You can also select a Best Match result set.

PART 1: COMPLETING CAREER MATCHMAKER

- Step 1.** Click on the **Assessments** link in the top menu bar. *(If you are not already logged in to your Plan, click on the **Login** link under Career Matchmaker. Enter your My Plan username and password and click **Login**.)*
- Step 2.** Choose **Start Matchmaker**. Read the instructions on the Introduction page, then enter a name for your session. Click **Start Now** to begin answering questions.
- Step 3.** Answer the first 39 questions. (Do your best! The more thought you put into these answers, the better your results will be. If you need more information about a question, read the **More Info** section beside the question.)
- Step 4.** You will see that Matchmaker has suggested careers that match your answers to the interest questions. We strongly recommend that you go through the second round of questions to further narrow down your results. Click on the **Answer More Questions** button in the **Improve My Results** section on the left side of the page.

Answer as many questions as possible, then click the **View My Career Suggestions** button. Career Matchmaker will update your list of career suggestions.

PART 2: YOUR CAREER MATCHMAKER RESULTS

On the Matchmaker results page you can:

Learn why a career was suggested for you:

Click on the name of a career on the list to see how your interests compare to the activities involved in this career.

Learn more about the careers on your suggestion list:

Click on the name of a career on the list and use the blue links on the left side of the occupation profile page to learn about the work tasks, working conditions, typical earnings, required education or training, and other information related to the career.

View recommended clusters:

Select a suggested career cluster under the **Career Cluster Recommendations** heading to see which careers from your suggestion list are included in that cluster.

My Plan Activity 2: Career Matchmaker

Page 2 of 2

Improve Results:

If you haven't already, click on the **Answer More Questions** button to answer additional Career Matchmaker questions. You can also click on the **Review My Answers** button to view a list of your responses to all the questions you have been asked so far, make changes to your responses, and update your suggested careers list based on the new responses.

Select the level of education you plan to complete:

Check the appropriate boxes in the **Level Of Education** section if you would like to limit your suggestions to occupations requiring a certain type of education. For example, if you have a high school education and are interested in college or vocational training, but not university, select High School and Community College or Technical Training, then click **Update My Results**.

See how careers that did not appear on your list compare to your interests:

Click on the **Find Other Careers** button under the **Other Careers** heading and search for a career that did not appear on your suggestion list. Click on the career name to find out how your interests compare to activities involved in that career.

Complete the My Skills assessment:

Click on the **Start My Skills** button and rate your skill level in 45 skill areas. You will then see a skills score beside the name of each suggested occupation. *(Please note that your skill results do not affect the order of the careers that appear on your list.)*

My Plan Activity 3: Careers That Interest Me

Page 1 of 2

In your Plan, you can bookmark careers that you are considering pursuing. You can quickly access the career profile, record your thoughts about each career, and access education information related to your career interests as you create your education plan.

Sign into Career Cruising using your personal My Plan username and password. Open the My Plan menu near the top of the page and click on **My Assessments**.

PART 1: EXPLORING CAREERS FROM MATCHMAKER RESULTS

Once you have completed Career Matchmaker, you can use your suggested careers list to browse through the careers that you are most interested in pursuing.

- Step 1.** Click on the name of your Career Matchmaker session. This will bring up your list of suggested careers. If you haven't already, you can answer more questions to improve your results, change your answers, or select a level of education.
- Step 2.** Click on a few of the careers to learn more about them and to see which ones you would most like to pursue. You can read about working conditions, earnings, education, how they suit your interests, and see interviews with real people in each occupation.
- Step 3.** When you have found a career that interests you, click on the blue **Save To My Plan** button, located near the top of the screen on the right side of the page. This career will now be saved in the **My Careers** section of your Plan.
- Step 4.** In your Plan, click the **My Careers** link, then click the **View More** button under the **My Saved Careers heading**. Under the career you saved, you will see the option to add a comment. Click on **Add Comment** and type in what you like most about this career and why you want to pursue it. Click **Save**.

PART 2: SEARCHING FOR CAREERS

You can also save careers to your Plan from the Explore Careers section of Career Cruising.

- Step 1.** Click the **Careers** link in the top menu bar.
- Step 2.** You can search for careers in a number of ways.
 - If you already know what career you are looking for, try the **Keyword Search**.
 - You can also search for a career using the alphabetical index under the **Index** tab.
 - To find careers related to a particular school subject, click on the **School Subjects** tab.
 - To find careers in a particular cluster, click on the **Search By Cluster** tab.

My Plan Activity 3: Careers That Interest Me

Page 2 of 2

Step 3. When you have found a career that interests you, click on the blue **Save To My Plan** button. This career will now be saved in the **My Careers** section of your Plan.

Step 4. In your Plan, click the **My Careers** link, then click the **View More** button under the **My Saved Careers** heading. Under the career you saved, you will see the option to add a comment. Click on **Add Comment** and type in what you like most about this career and why you want to pursue it. Click **Save**.

PART 3: USING CAREER SELECTOR

The Career Selector allows you to search for careers based on earnings, core tasks, working conditions, level of education, school subject, and cluster.

Step 1. In your Plan, click on the **My Careers** link, and then click the **Start Career Selector** button.

Step 2. Use the links on the left to select the criteria that are important to you. Once you have made your selections, click on the blue **View Results** button to see careers that match your selections. You can also click on the **Close Matches** tab to view careers that match some, but not all, of your criteria.

Use the **Review My Criteria** tab to review your selections.

Use the **Compare Other Careers** tab to search for careers that didn't appear on your list to see how they compare with the criteria that you have indicated is important to you.

Step 3. Click on the blue **Save To My Plan** button. You can return to your saved Career Selector results at any time by going to the **My Careers** section of your Plan and then clicking on **View Results** under the **Career Selector Results** heading.

If you make any changes, be sure to save the changes by clicking on the **Save To My Plan** button in the results section of the Career Selector.

My Plan Activity 4: Schools That Interest Me

Page 1 of 3

You can use your Plan to store information about post-secondary schools that offer the education and training you need to pursue your career goals.

Sign into Career Cruising using your personal My Plan username and password. Open the My Plan menu near the top of the page and click on **My Careers**.

PART 1: FIND SCHOOLS BASED ON YOUR CAREER INTERESTS

Step 1. Click on a career that you are interested in pursuing to go the occupation profile.

Step 2. Click on the **Education** link on the left side of the occupation profile page. Read through the educational requirements for that career. Under **Related College & University Programs** you will find links to schools offering post-secondary programs related to that career. The most closely related programs are at the top of the list. Select a program.

(Note: There are a few careers that do not have any related college or university programs. If the career you chose does not have any related programs, select another career that interests you.)

Step 3. When you click on a program name, you will see a list of schools in your province or territory that offer the program. You can also select other provinces or territories by selecting them from the **Province/Territory** section.

Browse through the list of schools offering that program and find a school that interests you. If there are no schools that you would consider attending on the list, try another program. Once you have found a school, write down the following information:

School Name: _____

Program Name: _____

Type (e.g., diploma, degree): _____

Step 4. Click on the school's name to read through the rest of the school profile.

Step 5. If this school interests you, click on the blue **Save To My Plan** button. The school will now be saved in the **My Education** section of your Plan.

Step 6. In your Plan, click the **My Education** link, then click the **View More** button under the **My Saved Schools** heading. Click the **Add Comment** icon under the school you saved and record your thoughts about the school. Click **Save**. You can add as many schools as you like. If there is more than one school you are interested in, it is a good idea to specify why each school interests you in your comments.

My Plan Activity 4: Schools That Interest Me

PART 2: OTHER WAYS TO SEARCH FOR SCHOOLS

You can also add schools through the Explore Education section.

Step 1. Click the **Education** link in the top menu bar.

Step 2. There are a number of ways to search for schools.

If you already know which school interests you, type the name of the school in the search box and click **Search**.

To search for schools by province, click on a province on the map. Then click on the name of a school that interests you.

You can also search for programs directly by clicking on the **Programs** tab. You can search for programs by name or by cluster area. To search by cluster, click on the program area that interests you. Continue to narrow down your selection until you come to a list of schools. Click on a school name.

Step 3. Browse through the information about that school. You can also visit the school's website for more details. Once you have found a school that you would like to save to your Plan, click on the blue **Save To My Plan** button. This school will now be saved in the **My Education** section of your Plan.

Step 4. In your Plan, click the **My Education** link, then click the **View More** button under the **My Saved Schools** heading. Click the **Add Comment** icon under the school you saved and enter what appeals to you about this school (*e.g., a program, tuition, location, student life, etc.*). Click **Save**. You can add as many schools as you like.

PART 3: SAVING APPRENTICESHIP PROGRAMS TO YOUR PLAN

For some careers, the most common form of training is an apprenticeship. If you're interested in apprenticeship opportunities, you can use Career Cruising to find information on training programs across the country.

Step 1. Click on the **My Education** link in the My Plan menu. Then click on **My Saved Apprenticeships** and choose **Find Apprenticeships**.

Step 2. There are several ways to find apprenticeships.

To view apprenticeship opportunities by province, click on the **Provincial Profiles** tab and choose a province. Here, you'll find contact information and useful apprenticeship resources. Choose a cluster to search for local apprenticeships.

My Plan Activity 4: Schools That Interest Me

Page 3 of 3

You can also search for apprenticeship programs directly under the **Apprenticeships** tab on the Explore Apprenticeships page, which you can access by clicking on **Education** from the top menu bar and then clicking **Apprenticeships**. You can search for programs by name or by cluster area. To search by cluster, click on the cluster group that interests you. Continue to narrow down your selection until you come to a list of apprenticeships. Click on the program name in the province of your choice and take a look at the apprenticeship details. When you have found an apprenticeship that interests you, click on the **Save To My Plan** button near the top of the apprenticeship profile page. The apprenticeship will be saved in the **My Education** section of your Plan.

Click on **My Saved Apprenticeships**. Under the apprenticeship you saved, you will see the option to add a comment. Click on **Add Comment** and type in what appeals to you about this apprenticeship. Click **Save**. You can add as many apprenticeships as you like.

My Plan Activity 5: High School Education Plan

The My Plan tool allows you to create and store your high school education plan by recording the courses you have taken, are taking, and plan to take in the future. With your counsellor's advice, this education plan will help you organize your courses to meet your career goals.

SOME THINGS TO CONSIDER . . .

There are a lot of factors you need to consider when putting together your education plan. What level of education do you need in order to pursue your career goals? What subject areas are important for your career path? You need to choose courses that will meet the requirements of the post-secondary programs you want to enter after high school. If you are planning on attending university, you will need more advanced academic-level courses. If you are planning on attending college or completing apprenticeship training, then you may want to take more applied courses.

You also need to ensure that your education plan fulfills your school's graduation requirements.

In order to fill out your high school education plan, you will need to have a list of the courses available at your high school.

CREATING YOUR HIGH SCHOOL EDUCATION PLAN

Part 1: Course Selection

Sign into Career Cruising using your personal My Plan username and password. Open the My Plan menu near the top of the page and click on **My Education Plan**.

Step 1. If you have not saved any careers to your Plan, this is a good opportunity to explore career options. If you do not want to save any careers to your Plan, skip to Step 3.

Step 2. Click the **Programs Of Study** button to see a list of your saved careers. You can view recommended programs of study for a career by clicking on the career name.

(Note: The subjects listed here are suggested course areas, not actual courses. This is a starting point for thinking about which courses to select.)

Step 3. In consultation with your counsellor, select courses that interest you and will help you meet your career goals. Be sure that you have included the prerequisites (*i.e., courses you have to pass before you can take a particular course*) for all the upper year courses you want to take.

Part 2: Enter Your Courses

On the My Education Plan page, click on **Add Course** under the Grade 9 heading.

My Plan Activity 5: High School Education Plan

Page 2 of 2

If your school **has pre-entered** their courses in the My Plan tool, select the courses you have already taken, are taking, or are planning to take in Grade 9 by choosing a subject area from the dropdown menu and clicking on a course name. Then click the **Select Course** button.

If you have already completed the course, click on the course name, and click the **Edit** icon in the top right corner of the details box. Enter your final grade and click **Save**.

If your school **has not pre-entered** their courses in the My Plan tool, enter the course name for each course you have already taken, are taking, or are planning to take in Grade 9. To do this, click on **Add Course** under the Grade 9 heading, then choose **My Own Course** and fill out the course details. If you have completed the course, enter the final grade you received. Click on **Add Course**.

Once you have entered all the information for Grade 9, click **Add Course** under the Grade 10 heading. Enter your courses as you did for Grade 9. Continue to enter your course information for Grade 11 and Grade 12.

Part 3: Checklist for High School Education Plan

Make sure your Education Plan satisfies the following conditions:

- Do your course selections meet your school's graduation requirements?
- Do your course selections meet post-secondary school prerequisites for subject areas?
- Do your course selections meet post-secondary school prerequisites for academic level?

My Plan Activity 6: Career Preparation & Planning

Page 1 of 2

This section of the My Plan tool allows you to track and organize your career exploration and preparation activities.

Sign into Career Cruising using your personal My Plan username and password. Open the My Plan menu near the top of the page and click on **My Goals & Plans**.

CAREER PLANNING ACTIVITIES

The purpose of this section of the Plan is to record career planning activities that you have already completed or are involved in currently.

Click on **Career Planning Activities**.

Step 1. Click **Add An Activity** and select an activity that you have completed or are involved in from the dropdown menu. Record the organization name in the space provided.

Step 2. Fill in the start and end dates (month and year) for that activity.

Step 3. Record what you did, what you learned from that activity, new skills you acquired, and any other important information in the Description area.

Step 4. Attach any related files by clicking on the **Attach File** button.

Step 5. Click the blue **Save** button.

Step 6. Continue to add other career planning and exploration activities.

You can edit and delete your activities once they have been saved by clicking on the appropriate icon. Be sure to save any changes you make!

POST-SECONDARY PLAN

This section of the Plan brings together all the activities you have done into a plan for post-secondary education. Click on **Post-Secondary Plan**.

Step 1. Click the **Career Goals** tab. By now, you have probably looked at a number of careers in Career Cruising and in other career exploration activities. Select one or two cluster interests that you are really interested in pursuing, then choose the careers that most interest you. Click the blue **Save** button.

Step 2. Click the **Educational Goals** tab. Select the level of education you plan on pursuing to meet your career goals. Then select the schools that you would seriously want to attend. Click on the **Save** button under the list of schools.

My Plan Activity 6: Career Preparation & Planning

Page 2 of 2

Step 3. Click the **Financial Plans** tab. What sources of funding are you going to need in order to pay for your post-secondary education? Select the options you will pursue and click the blue **Save** button at the bottom of the page.

CAREER & LIFE GOALS

Here you can record your short and long term goals. Click on **Career & Life Goals**.

Step 1. Describe the goals that you have for the immediate future in the **Short Term Goals** section. If you want to see sample goals, click on the question mark icon. When you have entered your thoughts, click the blue **Save** button.

Step 2. Describe the goals that you want to achieve over a longer period of time in the **Long Term Goals** section. If you want to see sample goals, click on the question mark icon. Click **Save** when you are finished.

My Plan Activity 7: Activities & Experiences

Page 1 of 3

You can use your My Plan to store a variety of information about the extracurricular activities that you participate in, your skills and abilities, and awards and certificates you have received. You can also document your work and volunteer experiences.

Sign into Career Cruising using your personal My Plan username and password. Open the My Plan menu near the top of the page and click on **My Activities & Experiences**.

EXTRACURRICULAR ACTIVITIES

Here you can record extracurricular activities, sports, and other activities you are involved with.

Step 1. Click on **Extracurricular Activities**.

Step 2. Click **Add An Activity** and select an activity category from the dropdown menu. Choose the activity that you participate in or the organization to which you belong from the next dropdown menu. Record the start and end dates (select **To Present** if you are still involved in this activity), as well as a description of how you are involved and what skills you have learned from it. For example, if you are on the basketball team, you may have gained good hand-eye coordination.

If you participate in any activities that are not on the list, you can use the **Enter Your Own** link beside the Activity dropdown menu.

Step 3. Attach any related files by clicking on the **Attach File** button.

Step 4. Click on the blue **Save** button.

Step 5. Continue to add activities you are involved in as you did before.

HOBBIES & INTERESTS

This section of the Plan lists hobbies and interests that you are involved in.

Step 1. Click on **Hobbies & Interests**.

Step 2. Click **Add A New Interest** and select a hobby or interest category from the dropdown menu. Choose the activity that you participate in from the next dropdown menu. Record your thoughts about the activity, such as what skills you have learned from it. For example, if you are an avid collector, you may have gained organizational skills.

If you are involved in any hobbies not on the list, you can use the **Enter Your Own** link.

Step 3. Attach any related files by clicking on the **Attach File** button.

Step 4. Click on the blue **Save** button.

My Plan Activity 7: Activities & Experiences

Step 5. Continue to add activities you are involved in as you did before.

SKILLS & ABILITIES

This section of the Plan lists skills and abilities you have acquired through school and extracurricular activities. You can include computer skills, personal attributes, and language skills.

Step 1. Click on **Skills & Abilities**.

Step 2. Click **Add A New Skill** and select a skill category from the dropdown menu.

Step 3. Choose a skill you possess and record your comments, including examples of how you have used this skill or how you acquired the skill. If you want to include a skill that is not on the list, click on **Enter Your Own**.

Step 4. Attach any related files by clicking on the **Attach File** button.

Step 5. Click the blue **Save** button at the bottom of the page.

Step 6. Continue to add other skills by repeating the previous steps.

AWARDS & CERTIFICATES

In this section, you can record any awards and certificates you have received, including academic awards, training certifications, and other recognitions.

Step 1. Click on **Awards & Certificates**.

Step 2. Click **Add An Award** and enter the name of an award or certificate you have received.

Step 3. Select the date you received the award or certificate.

Step 4. In the Description field, enter what the award is for, who it was awarded by (*e.g., school, community organization, government, etc.*), and any other important information.

Step 5. Attach any related files by clicking on the **Attach File** button.

Step 6. Click on the blue **Save** button.

Step 7. Add other awards and certificates you have received.

My Plan Activity 7: Activities & Experiences

VOLUNTEER EXPERIENCE

In this section, you will record your community service and volunteer experiences. Volunteering is a great way to contribute to your community and acquire work skills and experiences.

Step 1. Click on **Volunteer Experience**.

Step 2. Click **Add A Volunteer Experience**. Enter your position title, organization, city, province, and dates of involvement. If you are still participating, select **To Present** in the month field for the end date.

Step 3. Enter the number of hours you have completed in this position.

Step 4. In the Description field, enter your regular duties and special projects you were involved with throughout the course of your work.

Step 5. Attach any related files by clicking on the **Attach File** button.

Step 6. Click the blue **Save** button.

Step 7. Add other volunteer experience as you did before.

WORK EXPERIENCE

In this section, you will record your work experience. Work experience does not have to be paid. You can include unpaid work, such as internships or co-op placements.

Step 1. Click on **Work Experience**.

Step 2. Click **Add A Work Experience**. Enter your position title, employer, city, province, and dates of employment. If you are still working in this position, select **To Present** in the month field for the end date.

Step 3. In the Description field, enter your regular duties, special projects you were involved with, or accomplishments you achieved throughout the course of your work.

Step 4. Attach any related files by clicking on the **Attach File** button.

Step 5. Click the blue **Save** button.

Step 6. Add other relevant work experience as you did before.

My Plan Activity 8: Using the Resume Builder

Page 1 of 5

You can use the information you have entered in your Plan to create a great resume using Career Cruising's Resume Builder.

Sign into Career Cruising using your personal My Plan username and password. Click on the **My Plan** box on the left side of the menu bar near the top of the page. Click on the **Build My Resume** link.

All of the information that you have added to your Plan that is useful for a resume is automatically shared with the Resume Builder. Click the dropdown arrow next to each section title to read the information found in each section. You can edit and add to the information by clicking on the **Edit** icon. You can also use the check boxes to choose which sections to include in your resume.

STEP 1: CAREER OBJECTIVES

This is a short statement indicating what type of work you are looking for (*full-time or part-time*); the particular kind of position you want (*cashier, lifeguard, etc.*); and what you hope to achieve. Click on **Add Comment**, type your statement into the comment box, then click **Save**.

STEP 2: EDUCATION HISTORY

Click on the **Edit** icon to enter your education information. Use the Description field to list any specific details you might want potential employers to know.

STEP 3: WORK EXPERIENCE

If you entered your Work Experience in your Plan, this section will already be filled out. Click on the **Edit** icon to add, delete, or edit your entries.

If you have not filled out the Work Experience section of your Plan, click the **Edit** icon then choose **Add A Work Experience**. Work experience does not have to be paid. You can also include unpaid work, such as internships or co-op placements.

- i) Enter your position title, employer, city, province, and dates of employment.
- ii) In the Description field, enter your regular duties, special projects you were involved with, and accomplishments you achieved throughout the course of your work.
- iii) Click the blue **Save** button.
- iv) Add other relevant work experiences as you did before.

STEP 4: VOLUNTEER EXPERIENCES

If you entered your Volunteer Experiences in your Plan, this section will already be filled out. Click on the **Edit** icon to add, delete, or edit your entries.

My Plan Activity 8: Using the Resume Builder

Page 2 of 5

If you have not filled out the Volunteer Experience section of your Plan, click the **Edit** icon then choose **Add A Volunteer Experience**.

- i) Enter your position title, organization, city, province, and dates of involvement.
- ii) In the Description field, enter your regular duties, special projects you were involved with, and accomplishments you achieved throughout the course of your work.
- iii) Click the blue **Save** button.
- iv) Add other relevant volunteer experience as you did before.

STEP 5: AWARDS & CERTIFICATES

If you entered your Awards & Certificates in your Plan, this section will already be filled out. Click on the **Edit** icon to add, delete, or edit your entries.

If you have not filled out the Awards & Certificates section of your Plan, click the **Edit** icon then choose **Add An Award**.

- i) Enter the name of the award.
- ii) Select the date you received the award.
- iii) In the Description field, enter what the award is for, who it was awarded by (*e.g., school, community organization, government, etc.*), and any other information you feel is important.
- iv) Click on the blue **Save** button.
- v) Add all awards and certificates you have received that you would like to include on your resume.

STEP 6: EXTRACURRICULAR ACTIVITIES

If you entered your Extracurricular Activities in your Plan, this section will already be filled out. Click on the **Edit** icon to add, delete, or edit your entries.

If you have not filled out the Extracurricular Activities section of your Plan, click the **Edit** icon then choose **Add An Activity**.

- i) Select an activity category from the dropdown menu.

My Plan Activity 8: Using the Resume Builder

Page 3 of 5

ii) Select a specific activity from the next dropdown menu. If you participate in any activities that are not on the list, you can use the **Enter Your Own** link to add them to this section of your resume.

iii) Enter the dates during which you were involved in the activity.

iv) In the Description field, record how you are involved and what skills you have gained from the activity. For example, if you are an avid collector, you may have great organizational skills.

v) Click on the blue **Save** button.

vi) Continue to add activities you are involved in as you did before.

STEP 7: HOBBIES & INTERESTS

If you entered your Hobbies & Interests in your Plan, this section will already be filled out. Click on the **Edit** icon to add, delete, or edit your entries.

If you have not filled out the Hobbies & Interests section of your Plan, click the **Edit** icon then choose **Add A New Interest**.

i) Select an interest category from the dropdown menu.

ii) Select a specific activity that you are involved in from the next dropdown menu. If you have hobbies or interests that are not on the list, you can use the **Enter Your Own** link to add them to this section of your resume.

iii) For each activity, add your thoughts in the Description box.

iv) Click the blue **Save** button.

v) You can select other interests by repeating the previous steps.

STEP 8: SKILLS & ABILITIES

If you entered your Skills & Abilities in your Plan, this section will already be filled out. Click the **Edit** icon to add, delete, or edit your entries.

If you have not filled out the Skills & Abilities section of your Plan, click the **Edit** icon then choose **Add A New Skill**.

i) Select a skill category from the dropdown menu.

My Plan Activity 8: Using the Resume Builder

Page 4 of 5

- ii) Choose a skill or ability you possess from the next dropdown menu. If you have skills or abilities that are not on the list, you can use the **Enter Your Own** link to add them to this section of your resume.
- iii) For each skill or ability, add your thoughts in the Description box.
- iv) Click the blue **Save** button.
- v) You can select other skills by repeating the previous steps.

STEP 9: ADDITIONAL INFORMATION

If there is any additional information you would like potential employers to know, you can enter it here by clicking on **Add Comment**.

STEP 10: REFERENCES

References are people that potential employers can contact to learn more about you and verify information on your resume. References are usually current or former employers, teachers, or people who have overseen extracurricular activities (*e.g., coaches, supervisors, etc.*).

Typically, you should have two or three references. Be sure to ask people before you list them as references and inform them of all the important details of the job you are applying for (*e.g., qualifications, job duties, etc.*).

Click on **Add A Reference** to enter information for each of your references.

STEP 11: FORMATTING AND PRINTING YOUR RESUME

Click on the blue **Format & Print** button.

- i) Select a format for your resume. There are three styles to choose from. To see a sample, click on the **Example** button below each style.
- ii) Under the **Set Order** heading, drag and drop the sections in the order you want them to appear on your resume. Be sure to click on **Save Order** when you are happy with your arrangement.
- iii) Preview your resume by clicking on the **Preview Resume** button.

You can export your resume in various file formats. Select the format you want under the **Resume Print & Export Options** heading.

You can print your resume using the Print feature in your browser. You can also print a sheet listing your references in the same style as your resume.

My Plan Activity 8: Using the Resume Builder

SOME THINGS TO CONSIDER WHEN WRITING A RESUME

Your resume is your introduction to potential employers. It is a summary of your qualifications, outlining your skills, abilities, and experience. The goal of a resume is to tell an employer why he or she should hire you.

Be honest – Don't list skills or experience you don't have.

Be brief – Employers are looking for a summary of your qualifications, not a biography.

Be relevant – Limit your resume to what might be of interest to potential employers.

Proofread – Make sure your resume has no spelling or grammatical mistakes.