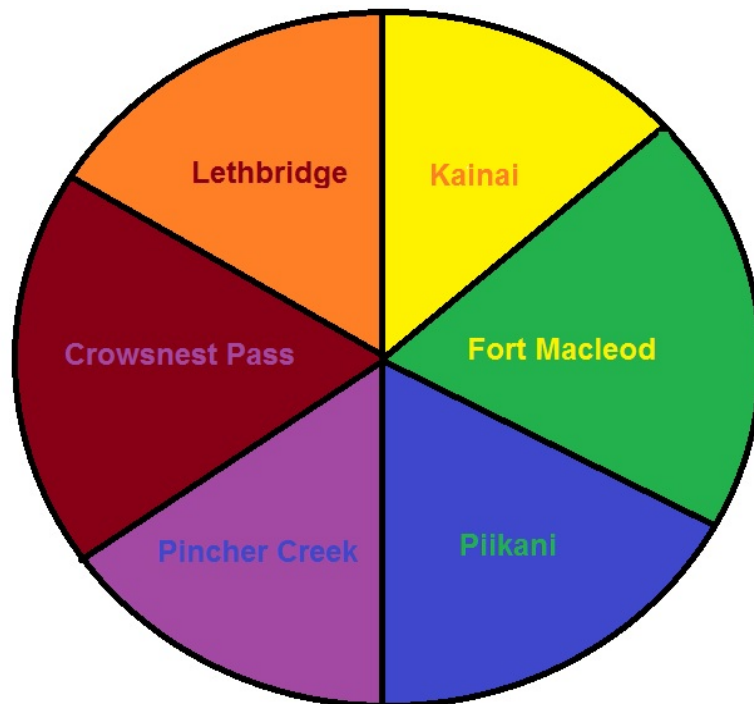


FNMI SERVICES DIRECTORY



2014 - 2015

General Services

24 Hours:

Addiction Helpline: **1-866-332-2322**

Alberta Council of Women's Shelters: **1-866-331-3933**

Alberta Gambling Helpline: **1-800-665-9676**

Alberta Supports Contact Centre: **1-866-644-5135**

Bullying Helpline: **1-888-456-2323**

Canada-Alberta Jobs: **1-800-999-1546**

Child Abuse Hotline: **1-800-387-5437**

Children's Advocate Alberta: **1-800-661-3446**

Children Services Crisis Unit: **1-800-638-0715**

Crisis Resource Line: **211**

Crisis Line: **1-403-266-HELP (4357)**

Distress Line: **1-888-787-2880** or **(403) 327-7905**

Family Violence Info Line: **(Toll free) 310-1818**

Emergency Services: **911**

Health Link Alberta: **1-866-408-5465**

Income support Contact Centre: **1-866-644-5135**

Indian Residential School Survivors Support line: **1-866-925-4419**

Kids Help Phone: **1-800-668-6868**

Parent`s help line: **1-888-603-9100**

Suicide Prevention Hotline: **1-800-SUICIDE (1-800-784-2433)**

Shelters:

Pincher Creek Women's Emergency Shelter Association: **1-888-354-4868** or **(403) 627-2114**

YWCA Harbour House: Phone: **(403)329-0088** Crisis: **(403)320-1881** Toll Free: **1-800-296-0447**

Lethbridge Emergency Shelter: **(403)-327-1031**

Emergency Youth Shelter (Wood's Homes): **(403)317-1777**

Safe Haven (Women`s Shelter, Taber): **(403)223-0483**

Kainai Women's Wellness Lodge: **(403)653-3946** or **1-888-653-1909**

Esquao Healing Lodge: **(780)458-1884**

General Services:

Hull Services (Calgary): **(403)207-2515** or **(403)207-2526**

Piikani Nation (Brockton)

Supports and Services

Aakom-Kiyii Health Services: **(403)965-3809**

Crime Stoppers Tips Line: **1-800-222-8477**

Hospital (Pincher Creek): **(403)627-1234**

Native counselling services of Alberta: **(403)965-3933**

Otskoipik`saki childcare centre: **(403)965-3982**

Peigan Alcohol Services: **(403)965-3919**

Peigan Band Administration: **(403)965-2985**

Peigan Board of Education: **(403)965-3656**

- Piikani Nation Secondary School: **(403)965-2121**
- Napi`s playground elementary: **(403)965-3877**
- Alternative Ed: **(403)965-3656**
- Computers for schools: **(403)965-3686**

Peigan District Ambulance Services: **(403)965-3993** or **(403)965-3936**

Peigan Lands Department: **(403)965-3807**

Peigan Nation Child Welfare Services: **(403)965-2390** or **(403)965-3014**

Peigan Nation Employment Services: **(403)965-2002**
Peigan Prevention Counselling Service: **(403)965-3919**
Peigan Public Works: **(403)965-3883** or **(403)965-3888**
Piikani Early Childhood Development: **(403)965-2022**
Piikani Nation: **(403)965-2522**
Piikani Nation Headstart Program: **(403)965-3133**
Piikani Youth and Education Foundation: **(403)965-0005**
Pincher Creek Women's Emergency Shelter Association: **1-888-354-4868**
Poison Centre: **1-800-332-1414**
Royal Canadian Mounted Police: complaints **(403)965-2000** administration **(403)965-2001**

Crowsnest Pass

Services and Supports:

A L S Society of Alberta: **1-888-309-1111**

AIDS/HIV/Sexually Transmitted Infection information: **1-800-772-2437**

Alberta Blue Cross: **1-800-661-6995**

Alberta Child & Youth Services: **(403)562-3285**

Alberta Health Services:

- Addiction (Formerly AADAC): **(403)562-2966**
- Mental Health: **(403)562-3222**
- Crowsnest Pass Health Centre: **(403)562-5011**
- Community Health Site/Health Unit/Community Care (Blairmore): **(403)562-5030**
- Corporate Office: **1-800-595-2742**
- Seniors Health Access Centre: **1-866-388-6380**

Alberta Human Resources & Employment: **(403)562-3285**

Alberta Impaired Drivers Program: **1-800-272-5698**

Alberta Works: **(403)562-3285**

Alcoholics Anonymous: Males- **(403)562-8771** Females- **(403)562-2466**

Better Beginnings: **(403)562-5030**

Brighter Future Project: **(403)562-8020**

Canadian Red Cross: **1-800-852-6187**

Canadian Red Cross Society- First Aid and Water Safety: **1-888-307-7997**

Children's Wish Foundation: **1-800-267-9474**

Coleman Senior's Drop-in: **(403)563-3665**

Crime Stoppers Tips Line: **1-800-222-8477**

Crowsnest Pass Adult Literacy Program: **(403)562-2853**

Crowsnest Community Support Society (Coleman): **(403)563-5265**

- Crowsnest Community Support (11577 20 Ave): **(403)753-2650**
- Crowsnest Community Support (2118 119 St): **(403)753-2637**

Crowsnest Indoor Playground Society: **(403)562-2360**

Crowsnest Pass Adult Education Association: **(403)562-2853**

The Crowsnest Pass Medical Clinic: **(403)562-8804**

Crowsnest Pass Foodbank Society: **(403)564-5110**

Crowsnest Pass Women's Resource Crisis Center: **(403)562-8000**

Family & Community Support Services(FCSS): **(403)562-8833**

Family Violence: **(403)562-8000**

Holy Spirit Roman Catholic: *Separate Regional Division No. 4:* **(403)327-9555**

- St. Michael's School: **(403)627-3488**

Hospital: **(403)562-5011**

Housing Assistance: **(403)562-8833**

Lethbridge College Crowsnest Campus: **(403)562-2853**

Legal Resource Centre (inside Women's resource centre): **(403)562-8000**

Livingstone Range School Division No. 68

- Claresholm Office: **(403)625-3356** or **1-800-310-6579**
- Horace Allen School: **(403)563-3998**
- Isabelle Sellon School: **(403)562-8816**
- Crownest Consolidated High School: **(403)563-5651**

Mountain Side Medical Clinic: **(403)563-3585** or **(403)563-5265**

Municipality of Crowsnest Pass: **(403)562-8833**

Peak Inspirations Counselling & Psychological Services: **(403)563-9061**

Pincher Creek Women's Emergency Shelter Association: **1-888-354-4868** or **(403)627-2114**

Poison Centre: **1-800-332-1414** or Calgary **(403)944-1414**

Royal Canadian Mounted Police

- Complaints Emergencies: **(403)562-2866**
- Administration-Info: **(403)562-2867**
- Victim Services: **(403)562-7098**

Women's Resource Centre: **(403)562-8000**

Fort Macleod

Services and supports:

A-T Children's Project: **(403)553-2410**

AIDS/HIV/Sexually Transmitted Infection information: **1-800-772-2437**

Al Anon Family Group: **(404)553-2461**

Alberta Health Services:

- Fort Macleod Health Centre: **(403)553-5311**
- Addiction & Substance Abuse (Formerly AADAC) 24 hour helpline: **1-866-332-2322**
- Addiction and Mental Health Addiction (Lethbridge): **(403)381-5183**

- Mental Health: **(403)553-5340**
- Community Health/Health Unit/Community Care (home care): **(403)553-5351**
- Special Development Unit Home Care: **(403)553-5300**
- Extendicare: **(403)553-3955**
- Corporate Office: **1-800-595-2742**
- Seniors Health Access Centre: **1-866-388-6380**

Alcoholics Anonymous: **(403) 553-4466**

Better Beginnings: **(403)553-5351**

Children's Allied Health Services: **(403) 563-5351**

Colonel Macleod Manors and Chinok Arch Manor of the Willow Creek: **(403) 553-3663**

Community Care (Home care): **(403) 553-5300**

Crime Stoppers Tips Line: **1-800-222-8477**

Diabetes Support Group: **(403)553-4589** day **(403)553-3739** evening

Dial-A-Law: **1-800-332-1091**

Distress line of SW Alberta: **1-888-787-2433**

Economic Development Fort Macleod: **(403)553-4425**

Employment and Training Services: **(403) 553-4425**

Extendicare: **(403) 553-3955**

Family and Community Support Services (FCSS) Fort Macleod: **(403)553-4491**

Family Health Home Visitation Program: **(403)553-5351**

Foothills Detox Centre: **(403)553-4466**

Fort Macleod Affordable Housing Committee: **(403) 553-4491** or **(403) 553-5353**

Fort Macleod and Area Early Childhood Mapping Project Coalition: **(403) 553-3781**

Fort Macleod & District Allied Art Counsel and Associates: **(403)557-2443**

Fort Macleod & District Community Hall Society: **(403)553-3511**

Fort Macleod Family Center: **(403)553-3114**

Fort Macleod Handibus: **(403)553-4679** or **(403)380-0062**

Fort Macleod Medical Clinic: **(403)553-3351**

Fort Macleod Victim Service Unit: **(403) 553-4407**

Hand-in-Hand-out of School Care Program: **(403) 553-3022**

Housing Assistance: **(403)553-4425**

Kids First Family Center: **(403)553-5354**

Lethbridge College Fort Macleod Campus: **(403)553-4788**

Livingstone Range School Division No. 68: Claresholm **(403)625-3356** or **1-800-310-6579**

- W A Day Elementary School: **(403)553-3362**
- G R Davis Elementary School: **(403)553-3744**
- F P Walshe School: **(403)553-4411**
- Walshe Crossroads Campus: **(403)553-0318**

Meals on Wheels: **(403)553-4491**

Parents As Teachers: **(403)308-8181**

Poison Centre: **1-800-332-1414** or Calgary **(403)944-1414**

Prenatal Education: **(403) 553-5351**

Project READ: **(403)553-5351**

Royal Canadian Mounted Police:

- Dispatch 24 hrs: **(403)553-4406**
- Administration-info: **(403)553-7200**
- Victim Services (Vulcan): **(403)553-7255**

The Salvation Army Family Services: **(403)553-2875**

The Salvation Army Thrift Store & Food Bank: **(403)553-4849**

Sunshine Kids Family Day Homes: **(403)553-3021** or **(403)553-3022**

Willow Creek Community Adult Learning Society: **(403)553-4106**

Pincher Creek

Supports and Services

AIDS/HIV/Sexually Transmitted Infection Information: **1-800-772-2437**

Alberta Employment & Immigration: **(403)627-1125**

Alberta Health Services

- Addiction: **(403)627-2966**
- Mental Health: **(403)627-1121**
- Pincher Creek Health Centre: **(403)627-1234**
- Community Health Site/Health Unit/Community Care: **(403)627-1230**
- Corporate Office: **1-800-595-2742**
- Seniors Health Access Centre: **1-866-388-6380**

Better Beginnings: **(403)627-1230**

Canadian Mental Health Association: **(403)627-2726**

Children's World Child Care: **(403)627-5009**

Chinook Educational Consortium: **(403)627-4478**

Community Adult Learning Council: **(403)627-4478**

Crime Stoppers Tips Line: **1-800-222-8477**

Family & Community Support Services (FCSS): **(403)627-3156**

Foodbank: **(403)627-4265**

Global Training: **(403)627-1874**

Group Group Youth Society of Pincher Creek: **(403)627-4616**

Health Care Homes: **(403)627-2800**

Hospital: **(403)627-1234**

Jeff Nemeth:

Marriage Individual and Family Therapist (Wind Blown Counselling): **(403)627-5106**

Kidsport: **(403)627-4322**

Livingstone Range School Division No. 68:

- Claresholm Office: **(403)625-3356** or **1-800-310-6579**
- Canyon School: **(403)627-3118**
- Matthew Halton High School: **(403)627-4414**
- Napi Outreach School: **(403)627-4224**

McMan Youth Family & Community Services: **(403)627-2014**

MD of Pincher Creek: **(403)904-4002**

Metis Nation of Alberta Association Local Council: **(403)627-1884**

Municipal District of Pincher Creek No. 9: **(403)627-3130**

Napi Friendship Association: **(403)627-3646**

Parent Link Centre: **(403)627-5569**

PC Foundation Family Housing: **(403)627-3833**

Pincher Creek Community Centre Hall Society: **(403)627-3601**

Pincher Creek Women's Emergency Shelter Association: **1-888-354-4868** or **(403)627-4868**

Poison Centre: **1-800-332-1414**

Royal Canadian Mounted Police:

- Complaints Emergencies: **(403)627-6000**
- Administration-Info: **(403)627-6010**
- Victim Services: **(403)627-6040**

Schizophrenia Society of Alberta: **1-800-661-4644**

Town of Pincher Creek: **(403)627-3156**

Youth Works: **(403)627-2118**

Kainai Nation (Standoff)

Supports and Services:

Aahsaopi Headstart Program: **(403)737-2823**

Blood Band Ranch: **(403)737-2050** or **(403)737-2536**

Blood Tribe Admin Div of Blood Tribe Band: **(403)737-8300**

Blood Tribe Administration: **(403)737-3753**

Blood Tribe Child Protection Services Corp.: **(403)737-3437**

Blood Tribe Community Health Centre: **(403)737-3985**

Blood Tribe Counselling Services: **(403)737-3883**

Blood Tribe Department of Health Inc

- Administration: **(403)737-3888**
- Emergency Services Fire & Ambulance: **(403)737-2102**
- Community Health Homecare: **(403)737-2040**
- Laverne Clinic: **(403)737-2043**
- Kainai Continuing Care Centre: **(403)737-3487**
- Kainai Wellness Centre: **(403)737-3883**

Blood Tribe Economic Development: **(403)737-8124**

Blood Tribe Employment & Skills Training Dept: **(403)737-8149**

Blood Tribe Family & Community Support Services (FCSS): **(403)737-2888**

Blood Tribe Housing: **(403)737-3988**

Blood Tribe Police: **(403)737-3800**

Blood Tribe Public Works: **(403)737-2731**

Blood Tribe Recreation & Parks Department: **(403)737-3868**

Blood Tribe Social Development: **(403)737-2469** or **(403)737-3735** or **(403)737-3940** or
(403)737-3962 or **(403)737-2842**

Blood Tribe Youth Ranch: **(403)737-2257**

Chief Mountain Healing & Wellness Centre: **1-888-737-3757**

Crime Stoppers Tips Line: **1-800-222-8477**

Hospital (Cardston): **(403)653-5234**

Kainai Alternate Academy: **(403)737-3288**

Kainai Board of Education: **(403)737-3966** or **(403)737-3991**

- Kainai High School: **(403)737-3963**
- Kainai Middle School: **(403)737-2846**
- Saipoyoi Elementary School: **(403)737-3772**
- Aahsaopi Elementary School: **(403)737-3808**
- Ninastako Blackfoot Immersion Program: **(403)737-3327**

Kainai Child Centre: **(403)737-3960**

Kainai Community Corrections: **(403)737-2555**

Kainai Correctional Centre: **(403)737-2666**

Kainai Family Early Intervention Program: **(403)737-2144**

Kainai Food Bank Society: **(403)737-2949**

Kainaiwa Children's Services Corporation: **(403)737-2900**

Kainaiwa Resources Inc.: **(403)737-3950** or **(403)737-2822**

Kainai Women's Wellness Lodge: **(403)653-3946** or **1-888-653-1909**

Ninastako Centre: **(403)737-3774**

Poison Centre: **1-800-332-1414**

Red Crow Community College: **(403)737-2400**

Royal Canadian Mounted Police:

- Dispatch Cardston: **(403)653-4931**
- Administration-Info: **(403)653-4932**

St. Paul Treatment Centre: **(403)737-3757**

Standoff Public Health Unit: **(403)737-2377**

Lethbridge

(Filling in the Gaps)

Supports and Services

5th on 5th Youth Services: **(403)329-3555**

AAWEAR (Alberta Addicts Who Educate and Advocate Responsibly): **(403)328-8186**

Aboriginal Council of Lethbridge: **(403)320-7699**

Aboriginal Housing Society: **(403)328-8806**

Aboriginal Opportunities Employment Centre: **(403)320-7699**

Ability Resource Centre: **403-317-4880**

AISH: **(403)381-5186**

Al-Anon: **(403)320-8340** Alice **(403)381-6226** Jeanette

Alberta Brain Injury Network: **(403)320-7402**

Alberta Elder Abuse Awareness Network: **(403)329-7396**

Alberta Health Services:

- Family Health Home Visitation: **(403)388-6351**
- Chinook Access Centre: **(403)388-6380** or **1-866-388-6380**
- Sexual Health Centre: **(403)320-0110**
- Addiction and Mental Health Walk In Clinic: **(403)381-5260**

Alberta Healthy Living Program: **(403)388-6675** or **(403)388-6654**

Alberta Solicitor General Community Corrections Branch: **(403)381-5202**

Alberta Works Centre: **(403)380-2272**

Alcohol Anonymous: **(403)327-8049**

Alternative Measures Program (Community Corrections Branch): **(403)381-5202**

Alzheimer Caregiver Support Groups: **(403)329-3766**

Ambulance: **(403)327-3340**

Associates Counselling Services: **(403) 381-6000**

Better Beginnings (AHS): **(403)388-6661**

Big Brothers Big Sisters of Lethbridge & District: **(403)328-9355**

Birthright of Lethbridge: **(403)320-1003** or **1-800-550-4900**

Blackfoot Family Lodge Society: **(403)329-6506** or **1-877-777-6077**

Boys and Girls Club: **(403)327-6423**

Canadian Mental Health Association: **(403)329-4775**

Canadian Red Cross Society- Lethbridge: **(403)327-7117**

Career Centre- Room TE1220: **(403)320-3287** or **1-800-572-0103** ext. **3287**

Celiac Support Group: **(403)320-2222**

Child Care Program: **1-877-644-992**

Children and Adolescent Mental Health Program: **(403)388-6244**

Children's C.A.R.E Services: **(403)388-6576** or **1-888-388-6575**

Chinook Lifecare Association: **(403)320-1170**

Chinook Regional Hospital: **(403)388-6111** or **1-866-388-6380**

Community Paramedic: **(403)388-6000** ext. **3538**

Compassionate Friends: **(403)327-5724**

Crisis Intervention Team: Crisis Pager: **(403)381-1116**

Crossroads Counselling Centre: **(403)327-7080**

Edenbridge Holistic Center: **(403)942-2858**

Electric Trouble: **(403)320-3940**

Empty Arms: **(403)327-5724**

Extrajudicial Sanctions Program (Community Corrections Branch): **(403)381-5202**

Family Centre Society of Southern Alberta: **(403)320-4232**

Family Enhancement Services: Southwest AB Child and Family Services: **(403)381-5500**

Family Health Home Visitation/Families First Program: **(403)388-6718**

Family Support for Children with Disabilities: **(403)382-4275**

Family Ties Association: **(403)320-8888**

First Nations, Metis & Inuit Services: **1-800-572-0103**

First Nations, Metis, Inuit Education Program: **(403)380-5316**

Flexibility Learning Systems Ltd: **(403)320-2057**

Food Addicts Anonymous: **(403)320-2075**

Gamblers Anonymous: **(403)818-3188** Frank **1-888-424-3577**

Global Training Inc.: **(403)320-5100**

Green Acres Foundation: **(403)328-1155**

Greystoke Homes & Support Services: **(403)320-0911**

Headstart Parent & Child Development Centre: **(403)320-0559**

HomeBASE Centralized Intake and Referral: **(403)942-7040**

Hypnotherapy: **(403)382-7644**

Improve Communication with the other parent: **(403)320-4232**

Interfaith Food Bank Society of Lethbridge: **(403)320-8022**

JobLinks Employment Centre: **(403)317-4550**

John Howard Society of Alberta: **(403)327-8202**

Just Like Home Furniture Bank: **(403)929-3801**

Landlord & Tenant Information: **1-877-427-4088**

LDS Family Services: **(403)328-8263**

Legal Aid Society of Alberta: **(403)381-5194**

Lethbridge Addictions & Mental Health Clinic (Adult): **(403)381-5260**

Lethbridge Addictions & Mental Health Clinic (Youth): **(403)381-5278**

Lethbridge Association for Community Living: **(403)327-2911**

Lethbridge Community Health Centre: **(403)388-6666**

Lethbridge Community Network (LCN): **(403)317-7799**

Lethbridge Community Outreach Housing Services: **(587)425-0422**

Lethbridge Correction Centre: **(403)388-3000**

Lethbridge Corridor Victim Services Unit: **(403)329-5042**

Lethbridge Family Services (LFS)

- DaCapo Program: **(403)320-9119**
- Home Services: **(403)317-4624**
- Immigrant Services: **(403)320-1589**
- Counselling & Education: **(403)327-5724**
- FASD Clinic: **(403)320-9119**

Lethbridge Food Bank: **(403)320-1879**

Lethbridge Habitat for Humanity: **(403)327-6612**

Lethbridge HIV Connection Society: **(403)328-8186**

Lethbridge Housing Authority (Housing for Seniors): **(403)329-0556**

Lethbridge Legal Guidance Society: **(403)380-6338**

Lethbridge Senior Citizen Organization: **(403)320-2222**

Lethbridge Shelter: **(403)327-1031**

Lethbridge Society for Meals on Wheels: **(403)327-7990**

Lethbridge Soup Kitchen Association: **(403)320-8688**

Lethbridge Stroke Recovery Association: **(403)320-2222**

Lethbridge Therapeutic Riding Association (LTRA): **(403)328-2165**

LifeStar Alberta: **(403)328-7447** or **1-855-328-7440**

McMan Youth, Family and Community Services: **(403)328-2488**

Medicine Tree Centre: **(403)328-2414**

Mennonite Disaster Services: **1-866-261-1274**

Metis Nation of Alberta- Local 2003: **(403)328-7823**

Mobile Urban Street Team (M.U.S.T.): **(403)327-1031**

Money Mentors: **1-888-294-0076**

Narcotics Anonymous: **(403)380-6536**

Native Counselling Services of Alberta: **(403)329-6140**

Nitsitapii Wellness Program: **(403)388-6694**

Nord-Bridge Senior Citizens Association: **(403)329-3222**

North Side Medical Clinic Addictions Treatment Program: **(403)942-3003**

On Our Own: Widows, widowers, divorcees: **(403)320-2222**

Opokaa'sin Early Intervention Society: **(403)380-2569**

OUTreach Southern Alberta Society: **(403)308-2893**

Paradigm Wellness & Support Services: **(403)394-1614**

Parents as Teachers Programs: **(403)320-5983**

Parkinson's Support Group: **(403)320-2222**

Parkside Home: **(403)320-1103**

Peak Vocational & Support Services: **(403)329-1262**

Persons with Developmental Disabilities (PDD): **(403)381-5777**

Poison Centre: **1-800-332-1414**

Police: **(403)328-4444**

Quest Support Services Inc.: **(403)381-9515**

Read On- Adult Literacy program: **(403)320-4977**

Reeves College: **(403)381-4469**

Salvation Army Community and Family Services Centre: **(403)327-8084** or **(403)327-8092**

Sandra Annis Registered Psychologist: **(403)328-1544**

Schizophrenia Society of Alberta- Lethbridge Branch: **(403)327-4305**

Select People Solutions: **(403)382-3669**

Service Canada Centre: **1-800-622-6232**

Sexual Violence Action Committee: **(403)320-1881** or **1-866-296-0447**

Sik-Ooh-Kotoki Friendship Society: **(403)328-2414**

South Country Treatment Center: **(403)329-6603**

South West Alberta Child & Family Services Authority: **(403)381-5500**

Southern Alberta Epilepsy Association: **(403)328-8344**

Southern Alberta Individualized Planning Association: **(403)320-1515**

Southern Alberta Self Help Association (SASHA): **(403)942-2263**

Southern Alcare Manor (S.A.M): **(403)328-0955**

St. John Ambulance: **(403)327-2847**

St. Michael's Covenant Health Centre: **(403)382-6400**

St. Vincent de Paul Society: **(403)328-5493**

Streets Alive: **(403)320-1159**

Teamworks Career Centre: **(403)382-3770**

Teamworks Training Institute: **(403)382-3770**

The Aboriginal Opportunities Employment Centre
(Aboriginal Council of Lethbridge): **(403)320-7699**

The Compassionate Friends: **(403)381-6524**

The Interfaith Chinook Country Kitchen: **(403)320-8138**

TRAC- To Reach and Connect Youth Outreach Program: **(403)381-5160** of **(403)308-6633**

Treaty 7 Urban Indian Housing Authority: **(403)327-1995** or **1-800-567-4256**

Trigeminal Neuralgia Support Group: **(403)320-2222**

Urban Aboriginal Mental Health:
Aboriginal Health Program, Alberta Health Services: **(403)388-6694**

Victim/Witness Services: **(403)330-5023**

Victim/Witness Services (Lethbridge Regional Police Services): **(403)330-5176**

Victorian Order of Nurses: **(403)328-0033**

Volunteer Lethbridge: **(403)320-2044**

Water/Sewer Trouble 24 Hour Service: **(403)320-3850**

We Care Home Health Services: **(403)380-4441**

Womanspace Resource Centre: **(403)329-8338**

Wood's Homes Youth Shelter: **(403)317-1777**

YWCA

- GirlSpace: **(403)329-0088**
- Harbour House: **(403)320-1881**
- Harbour House: Outreach Services: **(403)320-1881** or **1-866-296-0447**
- YPM Sunrise House: **(403)329-0088**
- YWise Choice Supported Independent Living
and Skill Development Program: **(403)329-0088**