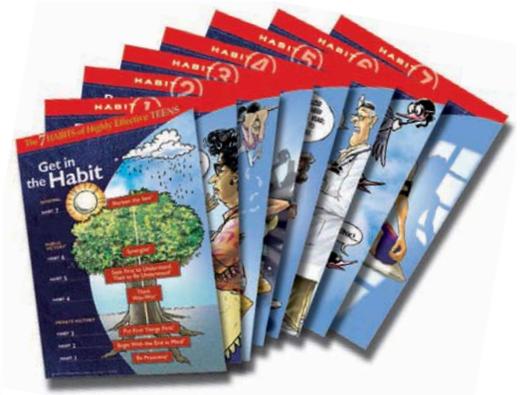
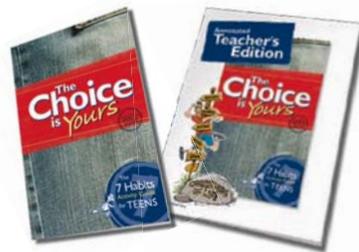


From the family that brought you
The 7 Habits of Highly Effective Teens

Discover Their True Potential

Sean Covey's *The 7 Habits of Highly Effective Teens* has sold over three million copies and has impacted the lives of students around the world. Administrators, teachers, and students have consistently praised the countless benefits of its well-respected principles.



Eight 2' x 3' Posters

Challenge

How can teachers turn warm-up and transition time at the beginning of class into engaging learning time for students?

How can teachers help students reach their potential?

Solution

Five short minutes can help your students succeed in and out of the classroom.

Based on concepts found within Sean Covey's best-selling book *The 7 Habits of Highly Effective Teens*, *The Choice Is Yours* activity guide introduces students to critical personal-leadership skills.

Consisting of 45 five-minute activities, the activity guide follows a well-researched instructional-design cycle. It is simple enough to be completed by students in a self-directed manner or with teacher instruction.

- 1 Be Proactive®**
Taking responsibility for your life.
- 2 Begin With the End in Mind®**
Defining your mission and goals.
- 3 Put First Things First®**
Prioritizing first things first.
- 4 Think Win-Win®**
Adopting a win-win attitude.
- 5 Seek First to Understand, Then to Be Understood®**
Listening to people sincerely.
- 6 Synergize®**
Working together.
- 7 Sharpen the Saw®**
Reenergizing and reassessing yourself.

Activity Guide for Teens

With 45 five-minute activities, *The Choice Is Yours* is flexible enough to fit within any classroom or schoolwide schedule. Teachers and administrators have indicated the activity guides are ideal for use in a variety of ways:

- Daily over a 9-week period.
- 2 or 3 times per week over a semester.
- 1 or 2 times per week over the course of a school year.
- At the teacher's discretion within a specified time frame.

Annotated Teacher's Edition

This edition further distills the key concepts and offers optional classroom discussion and activity extensions based on the activity guide. Also included is a Pre-Test/Post-Test and Learning Checklist for student evaluation.

Poster Set

Colorful posters enhance the classroom environment while providing strong visual support for concepts behind *The 7 Habits of Highly Effective Teens*. Each poster identifies a habit and offers a learning lesson that illustrates potential outcomes.

Content That Delivers

For each of the nine content areas in the activity guide, there are five groups of activities. Each group follows the 4MAT® instructional design. This well-researched design effectively teaches different learning types as follows:

Activity 1: Every "Activity 1" allows students to connect the concept to their own life, making it personal and capturing interest.

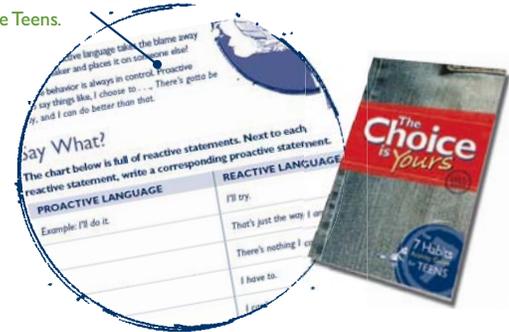
Activity 2: Every "Activity 2" is more creative thinking, leading students to blend emotional and cognitive reflections and achieve a broader view of the concept.

Activity 3: Every "Activity 3" is content-heavy, involving reading and writing exercises.

Activity 4: Every "Activity 4" is for application of the content in one's life.

Activity 5: Every "Activity 5" is a commitment to action around using the content.

For students: A fun and engaging activity guide based on *The 7 Habits of Highly Effective Teens*.



For teachers: A companion guide to enforce the key concepts, facilitate discussion, and measure success.



For the learning environment: A poster set, each featuring one of the 7 Habits, and a learning model.



For more information about FranklinCovey's *The Choice Is Yours*, contact the Education Solutions team at:

1-800-272-6839 or by email at Educate@FranklinCovey.com.



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