

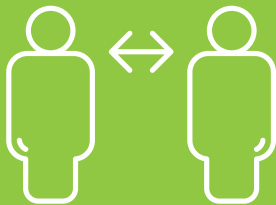
# How to Prepare for Back to School: PRACTICE, PRACTICE, PRACTICE



**Practice washing hands and using hand sanitizer.**



**Practice proper mask use —putting it on, taking it off, and keeping it on.**



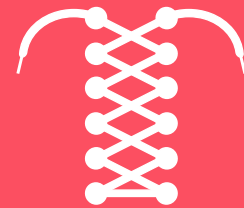
**Practice proper respiratory etiquette and physical distancing.**



**Practice opening prepared foods—snacks, containers, lunch boxes.**



**Practice opening, closing, and storing personal items —pencil cases, backpacks.**



**Practice doing up clothing—zippers, buttons, shoelaces.**



**Livingstone  
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SCHOOL DIVISION

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